

Important Numbers

In Case of Emergency: Dial 911

Eaton County Sheriff (Charlotte)	(517) 543-3512
Eaton County Sheriff (Delta Twp)	(517) 323-8480
Bellevue Police	(269) 763-9429
Charlotte Police	(517) 543-1550
Eaton Rapids Police	(517) 663-8118
Grand Ledge Police	(517) 627-2115
Lansing Police	(517) 483-4600
Michigan State Police (Post 11)	(517) 322-1907
Olivet Police	(269) 749-3651
Potterville Police	(517) 645-7641

Resource Contacts: Dial 211

CATA Transportation	(517) 394-1000
EATRAN Transportation	(517) 543-4087
Eve's House (formerly CADA)	(517) 372-5572
Department of Human Services	(517) 543-0860
Legal Aid of Michigan	(517) 485-5411
Listening Ear	(517) 337-1717
MSU Safe Place	(517) 355-1100
National Dom. Viol. hotline	(800) 799-SAFE
Safe Place shelter (Battle Creek)	(888) 664-9832
Siren Eaton shelter (Charlotte)	(517) 543-4915/ (800) 899-9997



Outline of Violence

(Some victims see their abuse happening in a pattern. But not every case will follow the same pattern shown here)

TENSION

- ◆ Entitled attitude, laws are for other people
- ◆ Jealousy and anger escalates
- ◆ Blames others for own actions & feelings
- ◆ Undermines victim's self-esteem
- ◆ Interferes with relationships of others
- ◆ Accuses victim of unacceptable behavior

ABUSIVE BEHAVIOR

- ◆ Increased verbal threats
- ◆ Threats/acts to destroy victim's belongings
- ◆ Threats/acts to harm if victim leaves
- ◆ Threatens or physically assaults or sexually abuses victim
- ◆ Threats/acts to kill victim

APOLOGIES

- ◆ Promises to get help or counseling
- ◆ Apologies for abuse, promises to change
- ◆ Buys gifts for victim, compliments victim
- ◆ Victim feels sense of security, closeness



How to
Develop
a Safety
Plan

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Safety at Home

When your abuser is there

- ◆ Choose a code word to alert friends and children to call police and/or take shelter.
- ◆ Prepare an emergency bag to keep in your trunk or at a safe place. (see checklist)
- ◆ Call ahead and arrange three confidential places to go in times of violence. A true safe place would be unknown to the abuser, (old friends, classmates, coworkers). Empower yourself with options.
- ◆ Avoid alcohol or drugs. These impair your judgment, awareness of danger, and ability to act quickly to protect yourself or children.
- ◆ Avoid rooms with no exits.

Safety at Home

After your abuser has moved

- ◆ Change locks and/or add locks on existing doors & windows.
- ◆ Consider safety features (peep holes in doors, outside lighting, security service, rope escape ladders on upper floors, etc) to ensure safety.
- ◆ Change to unlisted phone number.
- ◆ Tell school & daycare who can pick up kids.
- ◆ Inform landlord and neighbor of situation.

Protection Orders

- ◆ Get Personal Protection Order from circuit court.
- ◆ Keep your PPO on or near you at all times.

- ◆ Tell your family, trusted friend and co-workers of incidents.
- ◆ Report all violations by filing a “Motion to Show Cause” at the Circuit Clerk’s office.
- ◆ See more PPO information at: www.eatoncounty.org/prosecutor/ppo.htm.

Safety at Work

- ◆ Tell your employer, & trusted co-workers about your abuser.
- ◆ Give your PPO & abuser’s photo to security.
- ◆ Screen & log your phone calls.
- ◆ Get an escort to your car or bus.
- ◆ Lock your car.
- ◆ Vary your travel route home.
- ◆ Get a cell phone or a calling card.
- ◆ Carry a noisemaker or personal alarm.

Safety When Leaving

- ◆ Rehearse all escape plan.
- ◆ Teach your kids how to contact the police.
- ◆ Open a new account in your own name or save money to increase your independence.
- ◆ Consider a post office box.
- ◆ Keep purse and keys handy.
- ◆ Prepare an emergency bag with important items, like those listed on the checklist.

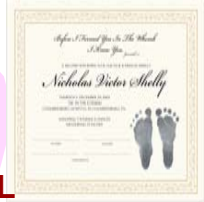


Checklist:

What to take when leaving

IDENTIFICATION

- √ Photo IDs
- √ Birth Certificates
- √ Social Security Cards



FINANCIAL

- √ Money
- √ ATM card and checkbook
- √ Credit Cards (in your name)

LEGAL PAPERS

- √ Marriage license, divorce or custody order
- √ Personal Protection Orders
- √ Lease/rental agreement., house deed.
- √ Car registration & insurance
- √ Medical records (yours & your kids)
- √ Insurance papers
- √ School records



OTHER

- √ Address Book
- √ Keys (house, car)
- √ Medications & prescriptions

WEBSITE REFERRAL

Jail/court release: www.vinelink.com

Legal Info: www.prosecutingattorney.info

DV Info: www.lundybancroft.com